

The Prophetic Traditions (sunnahs) of Fridays

1) Recitation of Surah Kahf

Abū Sa'īd reported the Prophet as saying, "If anyone recites sūrah al-Kahf on Friday, light will shine brightly for him till the next Friday." [Mishkat al-Masabih 2175]

In another narration, "Whoever reads Surat al-Kahf on Friday, he will be illuminated with light between the two Fridays." (Narrated by al-Hakim; classed as sahih (authentic) by al-Albani in Sahih al-Targhib, 836)

When we recite surah Kahf on Friday, we become illuminated with a (spiritual) light for the whole week.

2) Sending Salawat (blessings) upon the prophet)

It is narrated in Abu Dawud, and authenticated by ibn al-Qayyim and Al-Albani that the Prophet (ﷺ) said:

"Among the most excellent of your days is Friday; on it Adam was created, on it he died, on it the last trumpet will be blown, and on it the shout will be made, so invoke more blessings on me that day, for your blessings will be submitted to me."

Sending blessings not only pleases our beloved Messenger, but it also pleases Allah.



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3) Supplicating to Allah between Asr and Maghrib on Friday

In an authentic narration narrated by Jabir ibn 'Abdullah, the Messenger of Allah (ﷺ) said:

"Friday is twelve hours in which there is no Muslim slave who asks Allah (SWT) for something but He will give it to him, so seek it in the last hour after 'Asr." (Sunan an-Nasa'i 1389)

We can take advantage of this time on Friday knowing that there is a high chance our supplication will be accepted.



4) Showering, and Putting on Perfume (Cleanliness in general)

"The Messenger of Allah (ﷺ) said:

"Whoever comes to Friday (prayer), let him take a bath and if he has perfume then let him put some on. And upon you (I urge to use) is the tooth stick."

[Ibn Majah 1098, graded Hasan]



جزاك الله خيرا

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Brochure #1